

Integrated Autism Service



Gwasanaeth Cyfun Awtistiaeth

Cardiff and Vale Integrated Autism Service



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board





What is the Integrated Autism Service?

The Cardiff and Vale Integrated Autism Service (IAS) is a multi-agency specialist autism service with staff from health and local authority.

The service has been set up following the provision of funding from The Welsh Government to develop Integrated Autism Services across Wales. The service links closely with other local organisations, and the ASD strategy Project Lead for Cardiff and Vale.

The IAS will offer diagnostic assessments for autism spectrum disorder (ASD)*, provide support to adults with a diagnosis of ASD, and support families and carers of individuals with a diagnosis of ASD.

The service will also offer training, support and consultation to professionals and services to enable them to better support people with autism.

*We use the term ASD or autism to cover any diagnosis of autism including Asperger syndrome and atypical autism.



Who is the service for?

- Individuals over the age of 18 seeking a diagnosis of ASD
- Individuals over the age of 18 with a diagnosis of autism, without a learning disability
- Parents or carers of children and adults with ASD
- Professionals working with people with autism or suspected autism
- Young people with ASD transitioning to adult services

What will the service provide?

Diagnostic assessments for adults with suspected ASD

Short-term, individual support for adults with autism

Groups for adults with ASD

Signposting to services and activities within the local community

Support to make links and connect with other services

Support to families, partners, and carers, where appropriate

Partnership working across the care pathway with health, local authority and the 3rd sector

Advice and training to other agencies working with people with ASD



What can't the service provide?

Diagnostic assessments for people who are under 18

Urgent/emergency care, crisis intervention or rapid response

Prescribing and/or on-going monitoring of medication

Commissioning of services and individual care packages

Long-term therapy

Respite for carers

Care coordination or long-term management of care

Assessments for developmental conditions other than ASD



How can I refer?

We accept referrals from all health professionals for diagnostic assessments; please contact us for our referral form or write to us with sufficient information about reasons for referral. If you are an individual seeking a diagnostic assessment, please ask your GP or a relevant health professional to refer you.

For those who already have a diagnosis: we accept referrals from professionals, self-referrals, and referrals from parents and carers. We may ask to see evidence of a diagnosis. Referrals can be made by phone, email or in writing.

What can I expect after a referral?

Diagnostic assessments: When we have received your referral you will be informed that you are on our waiting list. You will be sent some questionnaires to complete before your appointment and then invited for 1 or 2 assessment appointments. Following your assessment, we will offer advice about the next steps and provide you with a report.

Other referrals: If appropriate, you will be offered an initial appointment with a member of our team who will assess your needs and make a plan with you. The outcome of that appointment may be that we offer you group support, signpost you to other services, or offer you some individual support.



Who are the Integrated Autism Service?

We are a multi-disciplinary team of health clinicians and local authority staff including:

Administrator

Autism Community Workers

Dietitian

Clinical Psychologist / Clinical Lead

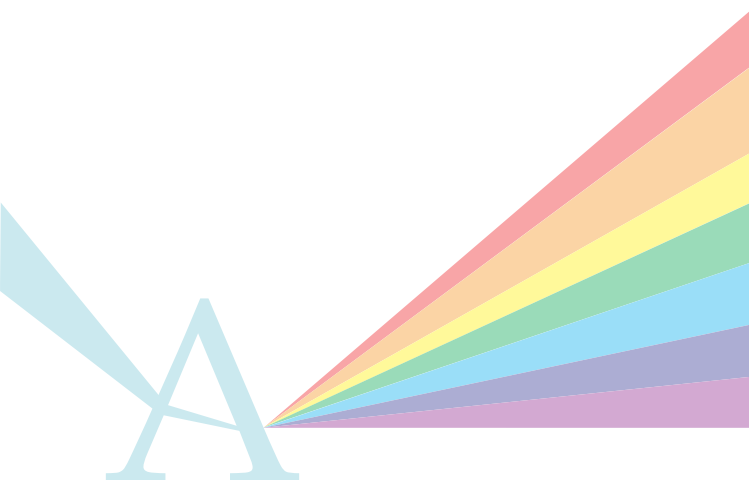
Occupational Therapists

Psychiatry Input

Specialist Autism Nurses

Speech and Language Therapist

Team Manager



How to contact us

Ring us on:

029 218 24240

Email us on:

CAV.IAS@wales.nhs.uk

Write to us at:

IAS Administrator
Integrated Autism Service
Avon House
19 Stanwell Road
Penarth
CF64 2EZ

Opening hours:

Monday to Thursday
9.30am - 4.30pm
Friday
9.30am - 4.00pm

Useful links for further information:

ASD Info Wales

www.ASDinfowales.co.uk

National Autistic Society

<http://www.autism.org.uk/>



This booklet is also available in Welsh.